

Honoring the 5 Dallas officers killed July 7, 2016  
during the ambush in downtown Dallas.



# THE DALLAS FIVE THROWDOWN

Benefitting the HALOS Fund\*

[www.thedallasfive.com](http://www.thedallasfive.com)

[www.crossfitheat.com](http://www.crossfitheat.com)

- 1 Great Event
- 2 Person Teams (Male/Male or Female/Female)
- 3 Workouts
- 4 Divisions (First Responders, RX, Masters, Scaled)

Honoring **5** Men

**SATURDAY  
JULY 8, 2017**

\* The HALOS Fund assists and supports survivors of fallen Dallas Police Officers.

<http://www.dpdcycle.com/halos.html>

